



Using a new therapy developed for autism spectrum disorders including Aspergers Syndrome and PDD-NOS we help clients develop rewarding personal relationships. The program teaches skills and motivations of reciprocal experience sharing interactions.

Going beyond traditional social stories to real-life interactions and communication

Prior to our program, most interventions taught children on the autism spectrum to perform scripted behaviors in response to social relationships.

As clinicians, we could never program for every social interaction a child may encounter. The process of teaching social skills without teaching the child to understand social interactions have not demonstrated their effectiveness in producing real-life social interactions and friendships.

For example, a child may be taught how to greet another child on a playground. However, if the rehearsed remark does not produce the expected response, the child is left with no real ability to understand and participate in the social interaction.

These types of programming interventions result in a child having a huge knowledge base of information, but no real skills for sharing and communicating their knowledge and understanding.

The RDC program bridges that gap and provides children with the skills necessary to develop meaningful relationships and communication.

Where do we begin?

The Relationship Development Center conducts a comprehensive review of your child over four separate in-take appointments. We administer an assessment to determine your child's abilities and motivation for participating in reciprocal social emotional relationships.

We look at how your child is communicating, both verbally and non-verbally and develop a plan to help increase and improve the quality of their language.

Then we customize a treatment plan to meet your child's specific needs, and provide you with training and ongoing support to coach your child.

Contact us to receive more information about our program or for information about upcoming workshops.

### **We customize a program to teach the skills necessary to:**

- **Increase communication, and use knowledge base**
- **Decrease inappropriate behaviors and vocalization**
- **Learn the skills of joint attention.**
- **Become participating member of family and peer groups**
- **Understand and use non-verbal communication and facial expressions**
- **Understand others' perspectives**
- **Problem solve in social relationships**
- **Engage in appropriate play**

"We had already tried just about everything and nothing seemed to really reach Kevin. One month at RDC and we can't stop smiling. Kevin has improved dramatically and is suddenly so aware of the world. RDC is the answer to our prayers! We are just so grateful to our RDC consultant, Helyn, who's giving us back our beautiful little boy!"

**Monica**

*(Certified Speech and Language Pathologist, and client)*

"The program has changed our lives. The lifestyle component that we learned from the RDC has allowed us to function as a true family. When we began our program, Lindsay was unable to communicate and extremely frustrated. Almost two years later, she is communicating with us. Before our parent training, the autism diagnosis seemed insurmountable now we understand her needs and with the continued support of the RDC life is not only manageable but enjoyable."

**Shelly**

"These spectrum kids need to be taught how to interact in a meaningful way. This method gets to the heart of it fast and it has completely changed my child's life in just months. Every single family I have sent to Helyn says the same. We are thrilled. Thanks to Helyn I can now enjoy getting to know who my little boy really is."

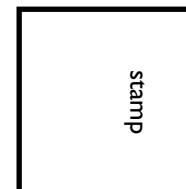
**Wendy**

relationship development center  


the relationship  
development  
center  


### For children with

- **Autism Spectrum Disorder - ASD**
- **Asperger's Syndrome**
- **Pervasive Development Disorder - PDD**



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